

The logo features the word "FOX" in a bold, red, sans-serif font. A stylized human figure in blue is positioned behind the letters, with its arms raised. The entire logo is set against a circular background composed of yellow and blue segments.

District Wellness Program

June 21, 2022

Dr. Tammy Cardona

Assistant Superintendent Secondary

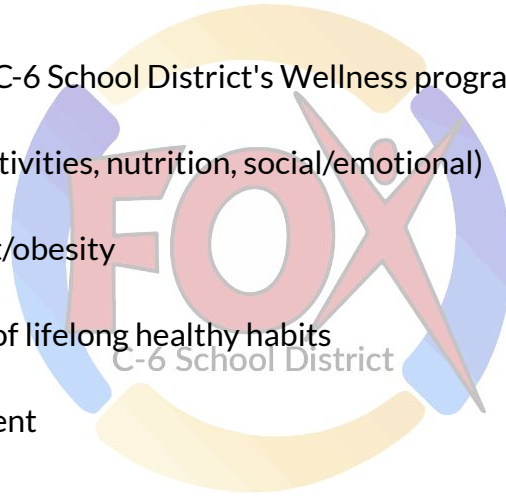
Overview

- Policy ADF - District Wellness Program
 - Adopted on 09/20/2016(revised on 10/20/2022)
 - Establish a Wellness Committee that consists of at least one parent, student, nurse or other school health professional, physical education teacher, school food service representative, Board member, school administrator, member of the public, and other community members as appropriate.
- The local wellness program will be assessed at least once every three years. The assessment will measure the district's level of compliance with implementing the local wellness program, including compliance levels in each of the district's schools; the extent to which the district's policy compares to model wellness policies; and a description of the progress made in attaining the goals of the program. will be revised accordingly.

Goals

The primary goals of the Fox C-6 School District's Wellness program are:

- Promote student health (activities, nutrition, social/emotional)
- Reduce student overweight/obesity
- Facilitate student learning of lifelong healthy habits
- Increase student achievement



Alliance for a Healthier Generation-Healthy Schools Assessment Guide

- Policy & Environment
- Nutrition Services
- Smart Snacks
- Health & Physical Education
- Physical Activity
- Employee Wellness

[Healthy Schools Assessment Guide](#)

Wellness Survey

To continue to gain an understanding of where our students, staff and families are in relation to wellness, good nutrition, physical activity and mental health and well being we sent a survey to our stakeholders.

The information gathered from the survey assisted the District Wellness Committee develop the Comprehensive Wellness Plan for the coming years.

[Wellness Survey Results](#)

Wellness Assessment Presentation

Next Steps:

- **Build** a clearer communication plan related to the District wellness policy to increase awareness across stakeholder groups and school levels.
- **Develop** curriculum and supports for the Social/Emotional wellness of our students and staff.
- **Continue** to explore ways to develop community partnership for our students.

Continue to collaborate with the community to leverage multipurpose programming relevant to District students and staff

Thank you to the District Wellness Committee for their collaboration on this throughout this school year.

NEXT STEPS

District Wellness Program Implementation Evaluation:

Policy Item	Implementation	Importance	Cost	Time	Commitment	Difficulty	Total Score
Committee Established							
Nutrition Guidelines Adopted							
Nutrition Education Goals Established							
Nutrition Promotion Goals Established							
Physical Education Goals Established							
School-Based Activities Assessed							
Curricula and Materials Evaluated							
Procedures Created							
Program and Policy Evaluated							

[Results from the Wellness Committee](#)

For column one (Implementation):

- 0 = Fully in Place
- 3 = Partially in Place
- 2 = Under Development
- 1 = Not in Place

For all other columns:

3 = Very important, not expensive, little or no time and effort, very committed, not difficult

2 = Moderately important, moderately expensive, moderate time and effort, moderately committed, moderately difficult

1 = Not important, very expensive, very great time and effort, low level of commitment, very difficult

EVALUATION

Summary

[Wellness Partnerships](#)

[ADF-A-AP\(1\)](#)



Discussion